

# **EEO Newsletter**

# Message from EEO Director Tia Welch

Summer, Summer, Summertime! This is my favorite season of the year. Summer provides me with wonderful childhood memories of staying outdoors late to play with my cousins, cookouts, fireworks, pool parties, and road trips. The fact that my birthday is in the summer is a bonus. Therefore, I am determined to keep the wonderful things about summer going and I invite you to participate. As state employees we work diligently to provide exceptional customer service to the citizens of West Virginia all year long. It is imperative that you take time to replenish, renew, and refresh yourself to be your best. Summer is a great time to do it! As we continue to navigate getting back to a state of normalcy, we know you are committed to ensuring EEO matters are swiftly addressed, handled with integrity and confidentiality, and investigated accordingly. So, while you are taking advantage of the many EEO online trainings we provide, registering for the EEO Counselor's Training, preparing your Affirmative Action Plan to meet the Sept. 1 deadline, or registering for our Annual Training Conference; we encourage you to take time to enjoy the season. Try something new, get outdoors, take your vacation, or sit back with a glass of lemonade and a good book and enjoy the beauty of creation. Once again, I thank you for working with us to eliminate harassment and discrimination in the workplace for every state employee in the great state of West Virginia.

*In Service,* 

Tia L. Welch

Tia L. Welch

Director



# "Facing Challenges and Moving Forward" Virtual Conference

Due to Covid-19 the Annual EEO Conference will be held Virtually on Thursday September 16<sup>th</sup>, 2021. If you have not registered yet and would like to do so, please visit the link provided below. Registration is set to close on Monday August 3<sup>rd</sup>, 2021.

## **Conference Registration Link:**

https://epay.wvsto.com/processepay/default.aspx?GUID=EDE0DE6B-6613-438A-BAF3-D57FC5780162.

#### **EEOC News**

What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws. <a href="https://www.eeoc.gov/wysk/what-you-should-know-about-covid-19-and-ada-rehabilitation-act-and-other-eeo-laws">https://www.eeoc.gov/wysk/what-you-should-know-about-covid-19-and-ada-rehabilitation-act-and-other-eeo-laws</a>

#### Juneteenth

What is Juneteenth you ask? Juneteenth celebrates the end of slavery in the United States. Originating in Galveston, Texas in 1865 Juneteenth is now celebrated annually on June 19th all throughout the United States. On June 17<sup>th</sup>, 2021, a bill was signed recognizing June 19th (Juneteenth) as a Federal Holiday.

#### Summer is here and so is the HEAT

Do you know the difference between heat exhaustion and a heat stroke?

<u>Heat exhaustion:</u> headache, dizzy, fainting, heavy, sweating, cold, pale, and clammy skin, nausea or vomiting, fast, weak pulse, muscle cramps and excessive thirst.

What to do if you think you may have heat exhaustion? Drink lots of water, move to cooler temperatures, lie down, take a cool shower, or use cool compresses.

<u>Heat stroke:</u> headache, confusion, or delirium, may lose consciousness, no sweating/dry skin, hot, red skin, nausea, vomiting, rapid heart rate, body temperature about 104 degrees.

What to do if you think you have had a heat stroke or know of someone who has? Call 911 immediately, move that person to a cooler space, use cool compresses, DO NOT GIVE FLUIDS.

#### **Upcoming Monthly Observances**

# <u>July</u>

Independence Day National Minority Mental Health Awareness Month

## <u>August</u>

American Indian Heritage Month National Wellness Month

# <u>September</u>

National Hispanic Heritage Month International Self-Awareness Month National Preparedness Month

#### **Upcoming EEO Events and Meetings**

- ➤ Thursday July 8<sup>th</sup>- Virtual EEO Coordinators Meeting
- Wednesday August 11th- New Counselors Workshop
- > Thursday September 16<sup>th</sup>- Facing Challenges and Moving Forward Virtual EEO Conference

